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# Chaga (*Inonotus obliquus*), a Future Potential Medicinal Fungus in Oncology? A Chemical Study and a Comparison of the Cytotoxicity Against Human Lung Adenocarcinoma Cells (A549) and Human Bronchial Epithelial Cells (BEAS-2B)

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## Abstract

**Background:** *Inonotus obliquus*, also known as Chaga, is a parasitic fungus growing on birches and used in traditional medicine (especially by Khanty people) to treat various health problems. In this study, we aimed to quantify the 3 metabolites frequently cited in literature, that is, betulin, betulinic acid, and inotodiol in the Chaga recently discovered in forests located in Normandy (France), and to compare their concentrations with Ukrainian and Canadian Chaga. This study also explores the cytotoxicity of the French Chaga against cancer-derived cells and transformed cells. **Methods:** A quantification method by HPLC-MS-MS (high-performance liquid chromatography–tandem mass spectrometry) of betulin, betulinic acid, and inotodiol was developed to study the French Chaga and compare the concentration of these metabolites with extracts provided from Chaga growing in Canada and Ukraine. This method was also used to identify and quantify those 3 compounds in other traditional preparations of Chaga (aqueous extract, infusion, and decoction). Among these preparations, the aqueous extract that contains betulin, betulinic acid, and inotodiol was chosen to evaluate and compare its cytotoxic activity toward human lung adenocarcinoma cells (A549 line) and human bronchial epithelial cells (BEAS-2B line). **Results:** French Chaga contains betulin and betulinic acid at higher levels than in other Chaga, whereas the concentration of inotodiol is greater in the Canadian Chaga. Moreover, the results highlighted a cytotoxic activity of the Chaga's aqueous extract after 48 and 72 hours of exposure with a higher effect on cancer-derived cells A549 than on normal transformed cells BEAS-2B ( $P = 0.025$  after 48 hours of exposure and  $P = 0.004$  after 72 hours of exposure).

## Keywords

*Inonotus obliquus*, cytotoxicity, cancer, chromatography, betulin, betulinic acid, inotodiol, quantification, traditional medicine

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## Introduction

*Inonotus obliquus* is a parasitic *Polyporus* from the Hymenochetaceae family. This fungus infects hardwood trees, mostly those from the genus *Betula* (birches), and to a lesser extent, those from the genera *Quercus* (oaks), *Populus* (poplars), *Alnus* (alders), *Fagus* (ashes), and *Acer* (maples).<sup>1</sup>

It was first identified and described by Persoon<sup>2</sup> (1801), who named it *Boletus obliquus*. Then, it was renamed

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*Polyporus obliquus* by Fries<sup>3</sup> (1830), followed by Quélet<sup>4</sup> (1888), who called it *Poria obliqua* (under the bark of dry *Fagus*). In 1927, Bourdot and Galzin<sup>5</sup> called it *Xanthochrous obliquus*, and its current name, *Inonotus obliquus*, was given by Pilát<sup>6,7</sup> (1936, 1942), who studied it thoroughly. Chaga has oblique pores—the origin of its species name *obliquus*.

Currently, this fungal species has only been described in the northern hemisphere. We can particularly find it in Canada, in the north of the United States of America, in Kazakhstan, in Siberia, in Ukraine, in Japan, in South Korea, in China, as well as in Europe (mostly in the northern and eastern parts of the continent). Its description in France is more recent, the first one dating from 1953 in Seine-et-Marne under the name of *Xanthochrous obliquus*<sup>8</sup>; it has also been found and described even more recently in Normandy. Chaga has been used since the 12th century in Eastern Europe. From historical chronicles, it is known that Kiev Prince (Knyaz) Vladimir Monomakh had a lip tumor and got rid of the disease thanks to treatment with Chaga mushroom.<sup>9</sup> The Khanty people, an ethnic group from Siberia formerly called the Ostyaks,<sup>10</sup> also used it in traditional medicine for different therapeutic indications: as an anthelmintic, as an antitubercular, to cure digestive disorders (gastritis, ulcers, etc), or even to prevent cardiac or hepatic illnesses. They used the crushed asexual form of the Chaga in several ways: by infusion, inhalation, or maceration in water of the charcoal obtained after burning to make body soap, which was used as an antiseptic.<sup>11</sup>

In the middle of the 20th century, it was still used in Siberia for its properties by Russian farmers and workers too poor to buy tea: they crushed it and drank it as an infusion.

This use of the Chaga in Siberian gulags is mentioned in Alexandre Soljénitsyne's book *Le Pavillon des cancéreux (Cancer Ward)*.<sup>12</sup> Soviet health authorities noticed a decrease of the incidence of cancer cases in this population and assumed that the consumption of this infusion was a protective factor against cancer. In 1955, the USSR Ministry of Health recognized the therapeutic interest of *I. obliquus* used as a decoction and wrote it down in the Soviet Pharmacopeia under the name of *Befunginum*.

The extracts of *I. obliquus* have been used in China, Korea, Japan, Russia, and the Baltics for their favorable effects on lipid metabolism and cardiac function, as well as for antibacterial, anti-inflammatory, antioxidant, and antitumor activities.<sup>13</sup>

*Inonotus obliquus* extracts were found to inhibit hepatitis C virus<sup>14</sup> and human immunodeficiency virus<sup>15</sup> and demonstrated strong antioxidant and immunostimulatory activities in vitro.<sup>16,17</sup> At the same time, animal studies revealed that aqueous extracts of *I. obliquus* exhibited anti-inflammatory effects in experimental colitis<sup>18-21</sup> and promoted lipid metabolism.<sup>22</sup> The mushroom has the ability to increase peroxisome proliferator-activated receptors  $\gamma$

transcriptional activities, which are expected to be therapeutic targets for dyslipidemia and type 2 diabetes.<sup>23</sup>

Its biological activities explain why it is used as an adjuvant in oncology, especially in anticancer chemotherapies in Asian pharmacopoeias.

The chemical analysis of Chaga in scientific literature revealed several compounds such as polysaccharides, triterpenes, and polyphenols, which might be responsible for most of the therapeutic effects previously mentioned.<sup>24</sup> A tetracyclic triterpene called inotodiol produced following the lanosterols biosynthetic pathway elicited the interest of the international scientific community.<sup>25-29</sup> Inotodiol has antiproliferative properties, demonstrated in vitro with human lung adenocarcinoma cells (A549) cancer-derived cells or HeLa.<sup>30,31</sup>

In addition, 2 other components derived from birch are frequently described in Chaga: betulin (or betulinol) and betulinic acid.<sup>32</sup> Several species of birch are, indeed, used in traditional medicine with a very wide geographical distribution. The spectrum of pharmacological properties associated with their uses is important: antimicrobial, antidiabetic, hepatoprotective, antiarthritic, and anticancer activities.<sup>32</sup> These last 2 activities were the most studied, especially from betulin and betulinic acid. In traditional medicine, the use of birch against rheumatism is reported, for example, in Bosnia-Herzegovina and Lebanon.<sup>33,34</sup> From an experimental point of view, the study by Gründemann et al<sup>35</sup> confirms the anti-inflammatory effect of the extract of *Betula pendula* by its action on the lymphocytes. Different species belonging to the genus *Betula* have also been tested to evaluate their anticancer potential. The compounds betulin and betulinic acid were tested in vitro on different models of cancer cells (cutaneous, ovarian, and pulmonary) demonstrating their antiproliferative potential.<sup>36-38</sup>

Our work is the first experimental approach on Chaga collected in France. This contribution aims, on the one hand, to develop a quantification method of betulin, betulinic acid, and inotodiol in Chaga extracts, and on the other hand, to evaluate and compare the biological activity of these extracts toward A549 line and human bronchial epithelial cells (BEAS-2B line).

## Materials and Methods

### Collection and Identification of Chaga (*Inonotus obliquus*)

Chaga can be described as an irregular cracked, black-brownish, hard, brittle fungus, looking like charcoal on the outside, with a diameter ranging from 10 to 20 cm; inside it is brown in color. The microscopic examination shows a monomitic structure with brown hyphae and a thick partition with a diameter from 2.5 to 6-7  $\mu\text{m}$ . These hyphae are however separated but without loops.<sup>39,40</sup>



**Figure 1.** Asexual form of *Inonotus obliquus* (Chaga) on birch trunk.

The fungal infestation results from a contamination of the duramen of the host trees by basidiospores via unhealed injuries, which have left this matrix uncovered. The asexual form grows as long as the tree lives and causes a fibrous white rot of the central cylinder of the tree, degrading the cellulose, hemicellulose, and lignin. The sexual form (fruiting body) appears between the bark and the sapwood as a yellowish crust turning brown 2 to 12 years after the death of the host tree.<sup>41,42</sup> It shows oblique and elongated pores upholstered by a hymenium with bi- to tetrasporic basidium without basal loop. It is this sexual form that releases elliptic to globular, smooth, yellowish basidiospores measuring from 8 to 10  $\mu\text{m}$   $\times$  5 to 7.5  $\mu\text{m}$  ensuring the dissemination of the fungus.<sup>43</sup>

Asexual forms of *I. obliquus* were respectively purchased in Canada (Gaspésie Sauvage Produits Forestiers Inc), harvested in Ukraine (the Karpatsky National Park, Ivano-Frankivsk region), and in France (the Forest of Grimbosq, Normandy, France). These forms resembling blackish growths (Figure 1), with a circumference from 15 to 28 cm and measuring about 10 m, were harvested to a height from 0.8 to 2.5 m on trunks of birch (*Betula pendula*).

### Preparation of the Extracts

Chaga was dried in a desiccator (Drying Device Dönex SIGG AG 1978) for 5 days at 35°C. The dry fungal material

was crushed and then sprayed with Blender BB90E (Waring) before sieving to 2 mm to prepare aqueous, cyclohexane, and ethyl acetate extracts. The extractions were performed in the darkness at room temperature (20°C).

**Cyclohexane Extract.** The powder (180 g) was first stirred in contact with cyclohexane (1 L) for 90 minutes on an orbital agitator at 180 rpm. After filtration on Whatman No. 3 paper the recovered solid residue was extracted again with cyclohexane (500 mL) for 2 hours with the same stirring system and then filtered on Whatman No. 3 filter paper. The 2 cyclohexanic extracts were pooled and evaporated with Rotavapor at 40°C until the obtainment of a yellow residue of 2.6294, 2.4744, and 2.5166 g, respectively, for the Canadian, French, and Ukrainian Chaga.

**Ethyl Acetate Extract.** The dried solid residue was then contacted with ethyl acetate (1 L) for 4 days on an orbital agitator at 180 rpm. At the end of these 4 days, filtration was carried out in 3 steps: on carded cotton, on Büchner, and on filter paper Whatman No. 3.

Extracts were evaporated with Rotavapor at 40°C until the obtainment of a yellow powdery residue of 0.9837, 0.9248, and 0.9315 g, respectively, for the Canadian, French, and Ukrainian Chaga.

**Aqueous Extract.** The powder (100 g) was stirred on contact with ultrapure water (500 mL) for 22 hours at room temperature (20°C) on an orbital agitator at 180 rpm. Filtration was then carried out on Whatman No. 3 paper in order to obtain 250 mL of aqueous extract. A 100 mL aliquot of this extract was concentrated with Rotavapor at 40°C until a volume of 40 mL was obtained.

**Decoction by Khanty Method.<sup>11</sup>** The asexual form was cut in small pieces from 5 to 10 g then put in boiling water for 15 minutes. We used carded cotton and filter paper Whatman No. 3 for filtration.

**Infusion According to the Canadian Method (Gaspésie Sauvage Produits Forestiers Inc).** We put 3 chunks (from 5 to 10 g) in 1 L of cold water and let it rest for 30 minutes, then we heated it without boiling it for 30 additional minutes. We used carded cotton and filter paper Whatman No. 3 for filtration.

Before their use, all extracts obtained were stored in the refrigerator at +4°C and protected from light.

### Quantification by High-Performance Liquid Chromatography Coupled to a Mass Spectrometer (HPLC-ESI-QTOF MS/MS)

**Reagents and Materials.** Acetonitrile (ULC-MS grade) and acetone (pesticides grade) were purchased from Biosolve Chimie (Dieuze, France), while formic acid (98% purity)

**Table 1.** Multiple Reaction Monitoring Transitions Used for the 3 Target Analytes and Internal Standards.

Compound Name	Precollision Ion Mass	MSI	Produced Ions	MS2 Res	Dwell	Frag (V)	Collision Energy (V)	Cell Acc (V)	Polarity	Retention Time
Betulinic acid	439.3	Unit	95	Unit	20	100	48	7	Positive	14.545 minutes
			81.1			48			Positive	
Atrazine D5: ISTD	221.1	Unit	179.1	Unit	20	115	16		Positive	7.419 minutes
			69.1			40			Positive	
Betulin	425.3	Unit	95	Unit	20	100	48		Positive	14.781 minutes
			81			48			Positive	
Inotodiol	425.3	Unit	246.9	Unit	20	100	12		Positive	15.66 minutes

Abbreviation: MS, mass spectrometer.

and ethyl acetate (HPLC HiPerSolv Chromanorm grade) were purchased from VWR (Radnor, PA). Reverse osmosis water (HPLC grade) prepared using a Millipore water purification system was used for all the preparations. The internal standard (Atrazine D5; 99% purity) was obtained from Dr Ehrenstörfer. Betulin ( $\geq 97.5\%$  purity) and betulinic acid ( $\geq 97.5\%$  purity) standards were purchased from Sigma Aldrich (Saint-Louis, MO), while inotodiol standard ( $\geq 95\%$  purity) was purchased from Chemfaces (Hubei, China). All the solutions were filtered through a 0.45  $\mu\text{m}$  PVDF Millipore Millex HV (Merck-Millipore, Billerica, MA).

**Standard Solutions and Samples Preparation.** Standard stock solutions of atrazine D5, betulin, betulinic acid, and inotodiol at a concentration of 1000 mg/L were prepared in ethyl acetate (2 mg of powder in 2 mL of ethyl acetate). A working solution containing inotodiol, betulin, betulinic acid standards at a concentration of 10 mg/mL was prepared in acetone (50  $\mu\text{L}$  of each stock solution *qs* 5 mL of acetone). We also prepared a working solution of our internal standard (atrazine D5) at a concentration of 500  $\mu\text{g}/\text{L}$  in acetonitrile (5  $\mu\text{L}$  of stock solution in 10 mL of acetonitrile). The range calibration made with these working solutions was from 0.001 to 5 mg/L.

Ethyl acetate and cyclohexane dry extracts were taken up in 10 mL (for the French Chaga) or 30 mL of acetonitrile (for the Canadian and Ukrainian Chagas), passed through ultrasound for 15 minutes, and then filtered through PVDF 0.45  $\mu\text{m}$  filters. The cyclohexane extract was then diluted to 10% and the ethyl acetate extract to 20% (for the French Chaga) or to 1% (for the Canadian and Ukrainian Chagas) in a solution containing acetonitrile, distilled water, and the internal standard (atrazine D5). The water extract, infusion, and decoction were filtered through PVDF 0.45  $\mu\text{m}$  filters and then diluted to 20% (water extract and infusion) or 50% (decoction) in a solution containing acetonitrile, distilled water, and the internal standard (atrazine D5).

**HPLC-ESI-QTOF MS/MS Analysis.** A HPLC analysis was applied on an Agilent 1290 Infinity LC instrument (Agilent,

Santa Clara, CA) consisting of a binary pump, a thermostated autosampler, and a column compartment. The samples were separated on Waters Acquity UPLC BEH C18 15  $\mu\text{m} \times 2.1 \text{ mm} \times 1.7 \mu\text{m}$  (Waters, Milford, MA). The mobile phase was a stepwise gradient of water (containing 0.01% formic acid, v/v) and acetonitrile (containing 0.01% formic acid, v/v; 0 minute, 97:3; 4 minutes, 70:30; 12 minutes, 30:70; 15 minutes, 5:95; 17 minutes, 5:95; and 20 minutes, 97:3). The column temperature was set at 40°C and the flow rate was 0.45 mL/min. The HPLC system was connected to an Agilent 6470 MS-MS triple quadrupole (Santa Clara, CA) equipped with an ESI interface using the following operation parameters: capillary voltage, 3.5 kV ((+) ESI mode); nebulizer, 40 psig; drying gas (nitrogen) flow rate, 10.0 L/min; sheath gas flow rate, 10.0 L/min; gas temperature, 350°C; sheath gas temperature, 350°C; and V charging, 500 V. The multiple reaction monitoring transitions used for the 3 target analytes and internal standards are shown in Table 1. The quantification data were processed with Agilent Mass Hunter Quantitative Workstation Software Version B.07.01 (Agilent Technologies).

**Method Validation.** The limits of detection, limits of quantification, regression equation, and correlation coefficient of calibration curves ( $r^2$ ) for each standard are reported in Table 2.

### Cytotoxicity Assay

The A549 cells (human alveolar epithelial cells derived from an adenocarcinoma) having a doubling time of 24 hours were cultured in 96-well microplates (BD Falcon) in a DMEM medium (Gibco) supplemented with 1% bicarbonate solution at 7.5% (Gibco) and 10% decomplemented fetal calf serum.

The BEAS-2B cells (immortalized human bronchial epithelial cells) having a doubling time of 26 hours were cultured in 96-well microplates (BD Falcon) in 500 mL of BEBM medium (Gibco) supplemented with 2 mL bovine pituitary extract, 0.5 mL of hydrocortisone, 0.5 mL of

**Table 2.** LOD, LOQ, Regression Equation, and Correlation Coefficient of Calibration Curves.

		Cyclohexane Extract	Ethyl Acetate Extract	Aqueous Extract	Infusion	Decoction
Betulinic acid	LOD ( $\mu\text{g/L}$ )	0.3	0.3	0.3	1.7	0.7
	LOQ ( $\mu\text{g/L}$ )	1	1	1	5	2
	Regression equation/ correlation coefficient	French Chaga (February 8, 2016), dilution range = 1-1000 $\mu\text{g/L}$ : $y = (-6.09 \times 10^{-8}) \times x^2 + (2.52 \times 10^{-4}) \times x + (6.58 \times 10^{-4})/r^2 = 0.9998$ Canadian/Ukrainian Chaga (December 23, 2016), dilution range = 1-500 $\mu\text{g/L}$ : $y = (-2.19 \times 10^{-7}) \times x^2 + (4.55 \times 10^{-4}) \times x + (3.61 \times 10^{-5})/r^2 = 0.9994$				
Betulin	LOD ( $\mu\text{g/L}$ )	0.3	0.3	0.3	1.7	0.7
	LOQ ( $\mu\text{g/L}$ )	1	1	1	5	2
	Regression equation/ correlation coefficient	French Chaga (February 2, 2016), dilution range = 1-5000 $\mu\text{g/L}$ : $y = (-3.44 \times 10^{-9}) \times x^2 + (6.56 \times 10^{-5}) \times x + (3.62 \times 10^{-4})/r^2 = 0.9998$ Canadian/Ukrainian Chaga (December 23, 2016), dilution range = 1-1000 $\mu\text{g/L}$ : $y = (-3.55 \times 10^{-8}) \times x^2 + (1.77 \times 10^{-4}) \times x + (5.11 \times 10^{-5})/r^2 = 0.9989$				
Inotodiol	LOD ( $\mu\text{g/L}$ )	1.7	1.7	1.7	8.3	3
	LOQ ( $\mu\text{g/L}$ )	5	5	5	25	10
	Regression equation/ correlation coefficient	French Chaga (February 2, 2016), dilution range = 10-5000 $\mu\text{g/L}$ : $y = (-1.52 \times 10^{-10}) \times x^2 + (1.30 \times 10^{-5}) \times x + (2.53 \times 10^{-4})/r^2 = 0.9998$ Canadian/Ukrainian Chaga (December 23, 2016), dilution range = 10-5000 $\mu\text{g/L}$ : $y = (-6.63 \times 10^{-10}) \times x^2 + (2.51 \times 10^{-5}) \times x + (5.60 \times 10^{-4})/r^2 = 0.9992$				

Abbreviations: LOD, limits of detection; LOQ, limits of quantification.

human epidermal growth factor, 0.5 mL of epinephrine, 0.5 mL of transferrin, 0.5 mL of insulin, 0.5 mL of retinoic acid, and 0.5 mL of triiodothyronine to obtain BEGM medium.

Each well was seeded 24 hours before exposure with 10 000 cells for A549 cells line and 15 000 cells for BEAS-2B cells line suspended in 200  $\mu\text{L}$  of medium, and then the microplates are incubated in a stove at 37°C in a 5%  $\text{CO}_2$  atmosphere.

Before dilution, the aqueous extract was passed over a hydrophilic filter with a PES membrane with a porosity of 0.22  $\mu\text{m}$ . The cells were then exposed to 6 different dilutions of aqueous extract (expressed in %, vol/vol): 25%, 10%, 5%, 2%, 1%, and 0.5%. Eight replicates were made by dilution and exposure duration: 24, 48, and 72 hours.

After the end of the exposure time, the cells were stained with sulforhodamine B and the absorbance reading was performed by spectrophotometry at 570 and 655 nm. From the obtained absorbance means, the percentage of cell growth inhibition was calculated for each concentration.

### Statistical Analysis

Student's *t* test was used to compare cytotoxicity on A549 and BEAS-2B cells.  $P < 0.05$  was considered as statistically significant. Analyses were conducted using the SAS version 9.4.

## Results

### Quantification of Metabolites by HPLC-ESI-QTOF MS/MS

We first used organic extracts made from French Chaga to develop the method of detection and quantification of the 3

metabolites searched in this study (betulin, betulinic acid, and inotodiol).

An analysis of the chromatograms by extracted ion chromatograms allowed to demonstrate the presence of betulin, betulinic acid, and inotodiol by searching for their masses in cyclohexane and ethyl acetate extracts. Figure 2A to C shows the mass spectra and the chromatograms obtained for these 3 metabolites in the different organic extracts.

Then, we applied this method of detection and quantification to other preparations of French Chaga, that is, an aqueous extract, an infusion, and a decoction. Betulin, betulinic acid, and inotodiol were found (to a lesser extent than in organic extracts) in the aqueous extract, but not in the infusion or in the decoction (Table 3).

We also searched for these 3 metabolites in organic extracts prepared from the Canadian and Ukrainian Chaga to compare their concentration depending on the geographical origin of the samples. The results presented in Table 3 show that there are greater concentrations of birch metabolites in French Chaga and more inotodiol in Canadian Chaga. It is important to note, however, that the difference in concentration of these metabolites may be due not only to environmental factors (climate, host tree, etc) but also to the conservation technique and the lapse of time between harvesting and the production of the extracts.

### Biological Activity of the Aqueous Extract From French Chaga

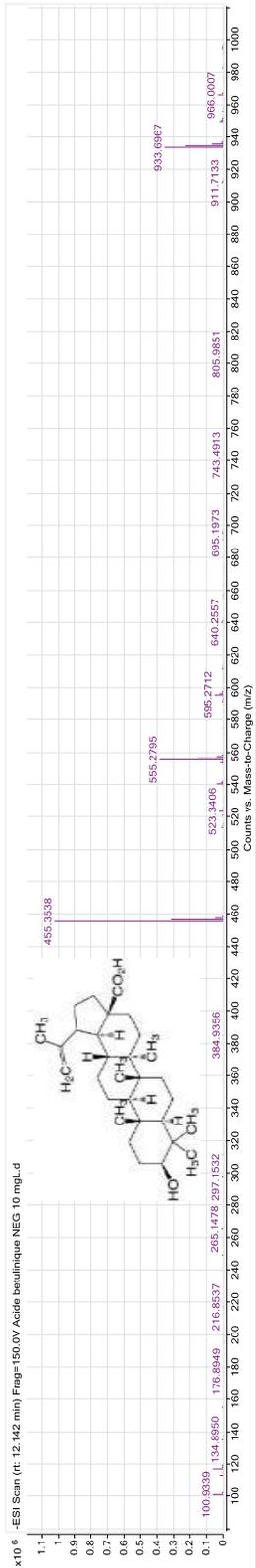
Figure 3A to C shows that cytotoxic activity exists for aqueous extract and was greater on cancerous cells than on normal transformed cells.

A

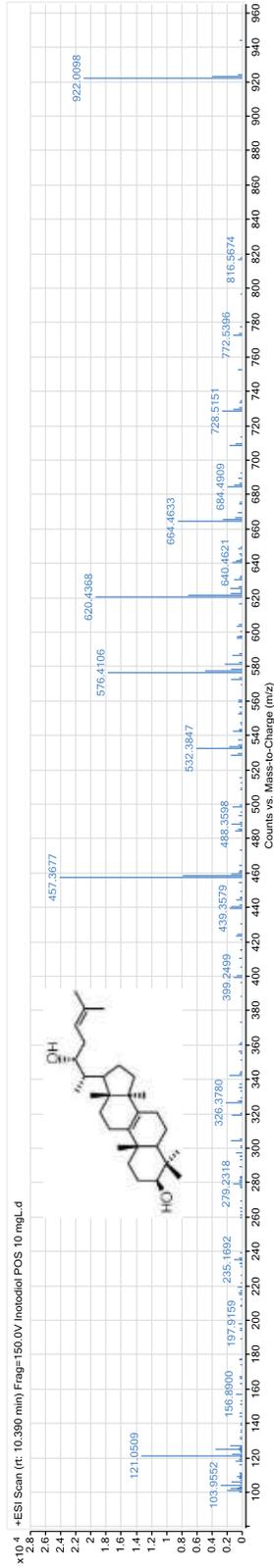
### Betulin



### Betulinic acid

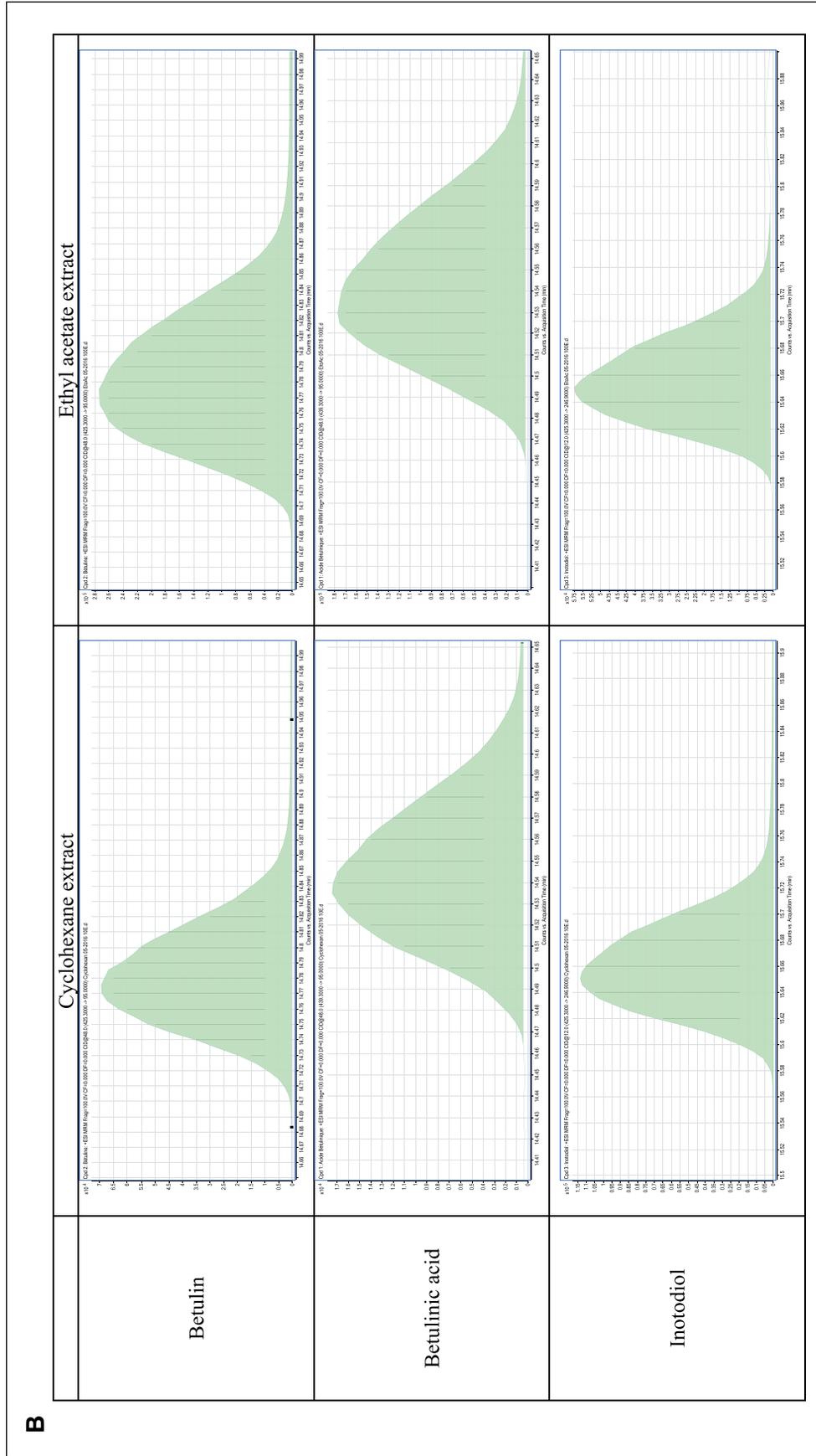


### Inotodiol



(continued)

Figure 2. (continued)



(continued)

Figure 2. (continued)

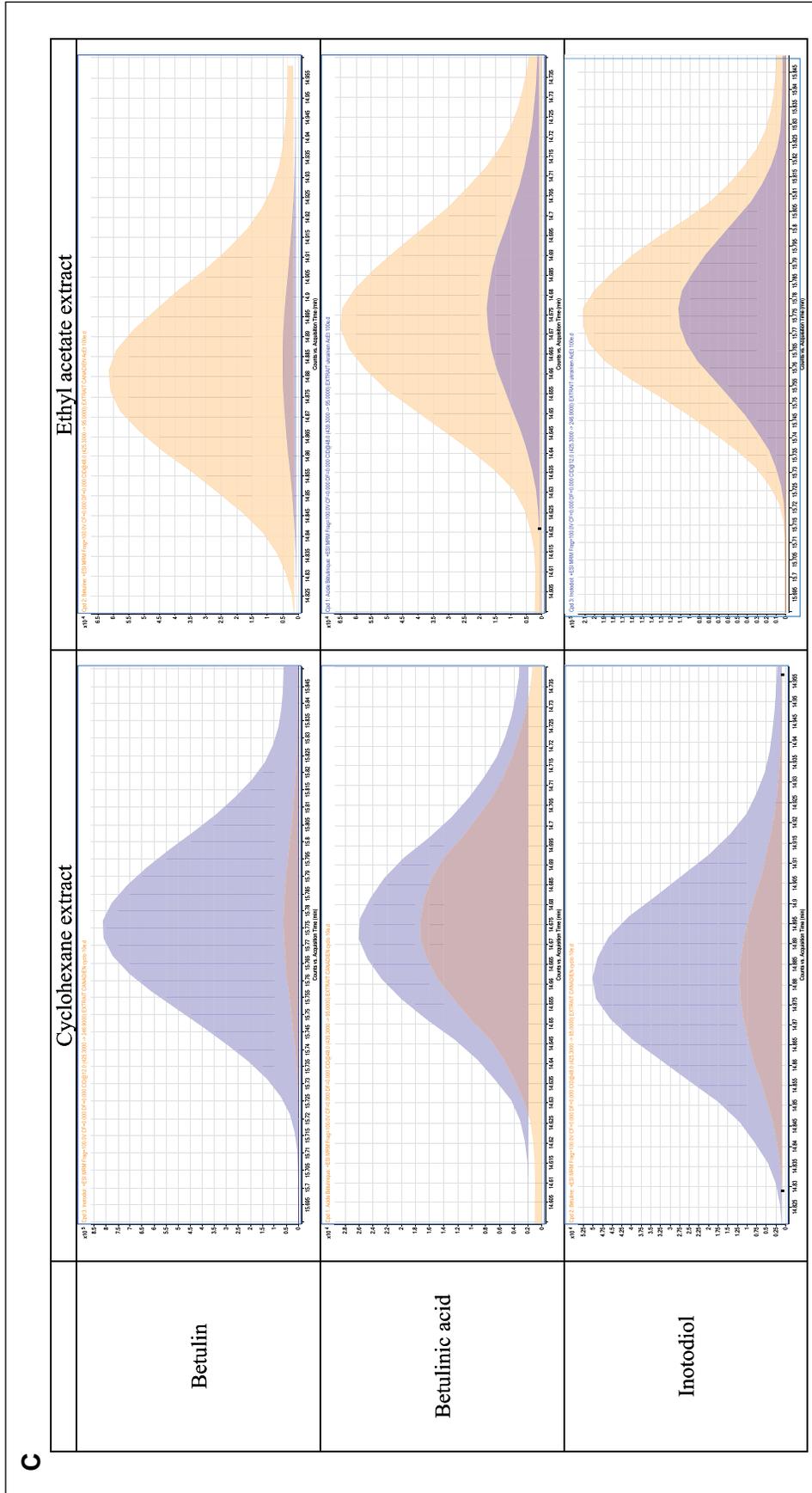


Figure 2. (A) Mass spectra of betulin, betulinic acid, and inotodiol in extracts of French Chaga. (B) Chromatograms of betulin, betulinic acid, and inotodiol in extracts of Ukrainian (blue) and Canadian Chaga (orange).

**Table 3.** Quantification of Betulin, Betulinic Acid, and Inotodiol in Different Preparations of Chaga.

	Preparations	Betulin (mg/L)	Betulinic Acid (mg/L)	Inotodiol (mg/L)
Canadian Chaga	Cyclohexane extract	0.15	0.12	8.27
	Ethyl acetate extract	13.45	5.12	464.86
Ukrainian Chaga	Cyclohexane extract	0.78	0.14	41.37
	Ethyl acetate extract	0.88	1.12	147.56
French Chaga	Cyclohexane extract	6.48	0.37	52.70
	Ethyl acetate extract	1100	52.92	373.02
	Aqueous extract	0.23	0.16	11.70
	Infusion	<0.005 <sup>a</sup>	<0.005 <sup>a</sup>	<0.005 <sup>a</sup>
	Decoction	<0.002 <sup>a</sup>	<0.002 <sup>a</sup>	<0.002 <sup>a</sup>

<sup>a</sup>The values are less than limits of quantification.

The cytotoxicity on A549 and BEAS-2B cells was characterized by a dose-dependent and time-dependent effect. Our results showed that after 48 and 72 hours of exposure, the cytotoxic activity was significantly reduced or lesser on the BEAS-2B cells than on the A549 cells ( $P = 0.025$  after 48 hours of exposure and  $P = 0.004$  after 72 hours of exposure). These observations underline the greater sensibility of highly proliferative cells compared with normal ones, which could be kept in mind for therapeutic uses.

## Discussion and Conclusions

The identification of betulin and betulinic acid in all fungal extracts can be considered as a signature of the link between the parasitic fungus and its plant host. Indeed, these 2 metabolites, known to be present in the birch bark, are also concentrated in the Chaga. This observation has previously been made with other plant-fungus associations such as pine and *Polyporus pinicola*.<sup>44,45</sup>

Our study confirms the presence of inotodiol in the French Chaga. This secondary metabolite has previously been identified in extracts obtained from Chaga samples from China, Finland, Thailand, and Russia.<sup>24,46,47</sup> More generally, *I. obliquus* is characterized by the presence of several lanostane-type triterpenes, in particular inonotsuoxide A, inotodiol, trametenolic acid, and lanostérol.<sup>48</sup>

The absence of inotodiol in infusion and decoction could be because of the concentrations below the limits of quantification of our method. This could also suggest that the properties attributed to this fungus in traditional medicine are not because of the metabolites we have sought to assay, but rather to the more polar molecules and/or lower molecular masses found in Chaga. Indeed, several studies have already demonstrated other types of molecules such as polysaccharides,<sup>49</sup> melanin complexes,<sup>50</sup> lignin derivatives,<sup>51</sup> or polyphenols such as gallic acid<sup>52</sup> in aqueous extracts.

For the cytotoxicity tests, we have chosen to use the aqueous extract, because of the following:

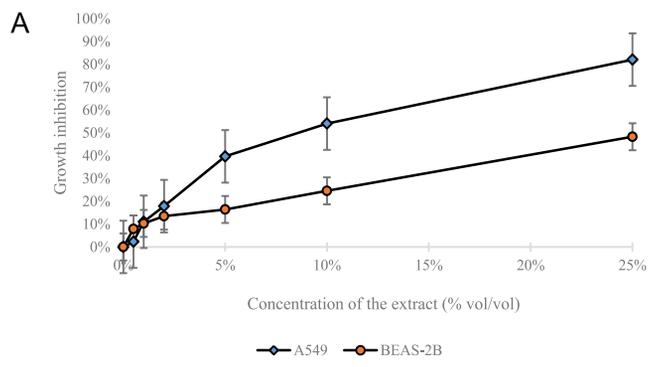
- The presence of compounds known for their cytotoxic activity: inotodiol, betulin, and betulinic acid.<sup>31,53,54</sup>
- The presence of water-soluble compounds at the origin of properties recognized in traditional medicine.
- The safety of water used as a solvent in cell culture.

The cytotoxic activity of Chaga extracts appears to be related to its diversity of active secondary metabolites. Compounds such as betulin and betulinic acid are known for their anticancer activity.<sup>38</sup> Lanostanes such as inotodiol are also studied for their cytotoxic effects.<sup>48</sup> Thus, compounds present in the aqueous extract could explain or at least partly account for these effects.

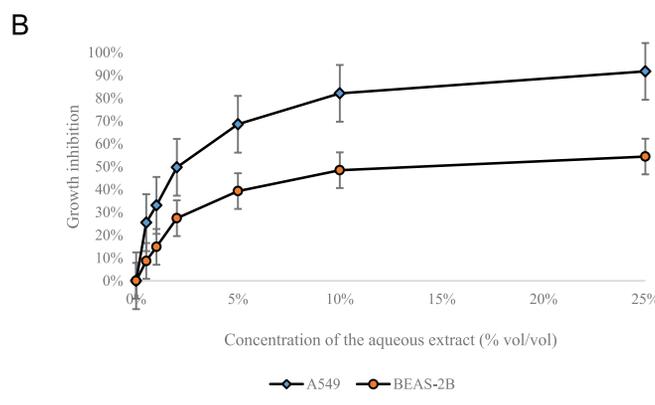
The aqueous extract of Chaga showed antiproliferative activity on different cellular models. For example, Mazurkiewicz et al<sup>55</sup> demonstrated the action of an extract of Polish Chaga on A549 lung cells as in our study. Antiproliferative activity has also been demonstrated in melanoma cells,<sup>56</sup> hepatic cancer cells,<sup>57</sup> as well as in sarcoma cells.<sup>58</sup>

Chung et al<sup>59</sup> showed that different fractions from extracts of Russian Chaga showed cytotoxicity on various cellular models including A549 cells. These fractions corresponded to lanostanes including inotodiol. The study by Zhao et al<sup>46</sup> also shows the efficacy of certain lanostanes such as inonotsutriol against A549 cancer cells.

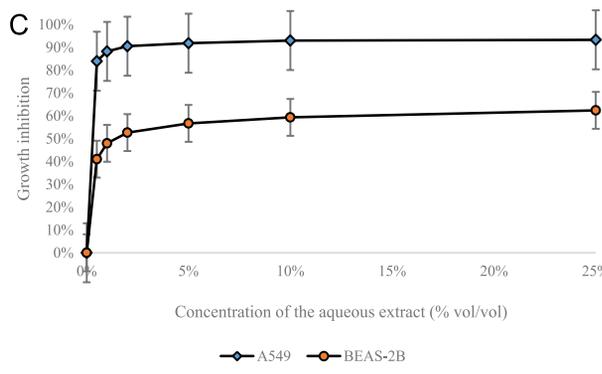
In conclusion, the analysis of the organic extracts of Chaga revealed birch compounds such as betulin, betulinic acid, and a characteristic fungal molecule inotodiol. The Chaga recently discovered in the forests of Normandy contains inotodiol as do those collected in Canada and Ukraine, but our quantification method showed that the geographical origin of the fungus has an impact on the concentration of these metabolites. The biological results confirm a cytotoxic activity of the French Chaga on normal transformed BEAS-2B cells but to a far lesser extent than on lung cancer cells (A549). These observations allow us to consider the therapeutic interest of the Chaga, its chemical complexity,



Concentration of the aqueous extract in growth medium (% vol/vol)	0	0.5	1	2	5	10	25
Growth inhibition on A549 cells line (%)	0.00	2.33	11.03	17.88	39.67	54.05	82.05
Growth inhibition on BEAS-2B cells line (%)	0.00	7.88	10.30	13.48	16.40	24.57	48.27



Concentration of the aqueous extract in growth medium (% vol/vol)	0	0.5	1	2	5	10	25
Growth inhibition on A549 cells line (%)	0.00	25.45	33.02	49.70	68.58	82.11	91.72
Growth inhibition on BEAS-2B cells line (%)	0.00	8.68	14.85	27.41	39.29	48.44	54.43



Concentration of the aqueous extract in growth medium (% vol/vol)	0	0.5	1	2	5	10	25
Growth inhibition on A549 cells line (%)	0.00	83.94	88.21	90.50	91.82	92.98	93.29
Growth inhibition on BEAS-2B cells line (%)	0.00	41.01	47.96	52.66	56.67	59.33	62.39

**Figure 3.** (A) Cytotoxicity of the aqueous extract from French Chaga on A549 and BEAS-2B cells lines after 24 hours of exposure. (B) Cytotoxicity of the aqueous extract from French Chaga on A549 and BEAS-2B cells lines after 48 hours of exposure. (C) Cytotoxicity of the aqueous extract from French Chaga on A549 and BEAS-2B cells lines after 72 hours of exposure.

and to emphasize the interest of continuing to investigate mycotherapy potential by associating both chemical and biological approaches.

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